

How to make a Silver Lining Lessons loaded tea

4 **Top Layer**

Mix flavorings* with 8 oz. cold water; Pour over top

3 **Aloe**

Coat top of ice with cold aloe vera juice

2 **Ice**

Pack cup with ice

1 **Bottom Layer**

In a 32 oz. cup, dissolve 4C Energy Rush, Waka tea, guarana & flavorings* in 6 oz. of hot water

*Flavorings will vary depending on recipe

